# **Bicycle Touring**

|  |  |
| --- | --- |
|  | **Bicycle Gear** |
|  | Bicycle\*\* |
|  | Two Water Bottles |
|  | Rear Rack\*\* |
|  | Panniers\*\* |
|  | Bike Helmet\*\* |
|  | Safety Vest\*\* |
|  |  |
|  | Clothing |
|  | **Top** |
|  | 2x base layer (wool or synthetic) |
|  | 2x Insulating layer (puffy, wool sweater or fleece) |
|  | Rain jacket\*\* |
|  | T-Shirt  |
|  |  |
|  | **Extremities** |
|  | Toque |
|  | Buff/neckwarmer |
|  | Gloves/mitts (2 pairs) |
|  | Underwear (2-3 pairs) |
|  | Socks (3-4 pairs wool or synthetic) |
|  | Extra shoes for camp |
|  | Sunglasses\* |
|  | Rubber Boots |
|  |  |
|  | **Legs** |
|  | 2x Base Layer (long johns and/or fleece pants) |
|  | Pants (not jeans, at least 1 quick dry) |
|  | Rain Pants\*\* |
|  | Shorts/swim suit |
|  |  |

**\* = Optional**

**\*\* = Available through the schoolCamping Set-up**

|  |  |
| --- | --- |
|  | **Personal** |
|  | Toothbrush and paste |
|  | Hand cream |
|  | Feminine hygiene |
|  | Lip balm |
|  | Sun Screen |
|  | Soap/Shampoo |
|  | Towel |
|  |  |
|  |  |
|  | **Shelter/Sleeping** |
|  | Tent with foot print\*\* |
|  | Sleeping Bag\*\* |
|  | Sleeping mat |
|  |  |
|  | **Meal Prep** |
|  | Stove kit\*\* |
|  | Fuel Bottles (1.5L/group)\*\* |
|  | Cleaning supplies (soap, scraper, scrubbie) |
|  | Spoon, cup, bowl |
|  | Bags for food |
|  | Food Barrels \*\* |
|  |  |
|  | **Miscellaneous** |
|  | Journal/pencil/pen/sharpener |
|  | Toilet paper with paper bag to put in dirty paper |
|  | Field Notes |
|  | Camera\* |
|  | Head lamp |
|  | Pocket knife |
|  | Fire kit: matches, fire starter, lighter |
|  | Personal repair kit if own bike: spare tire tube, levers, patches, glue\* |
|  |  |

***Bike Trip Group Gear***

# **Navigation**

* Maps
* Route plan and charts
* GPS

# **Communication**

* InReach
* Sat Phone with contact numbers
* Walkies-Talkies (6)
* Cell Phone

# **Miscellaneous**

## Log book

* 2 First Aid Kit
* 3 Bear Spray
* Drops/aquatabs for water sanitization
* 2 Gravity filters
* 2 Large group tarps
* Group repair kit/extra rope
* Camera
* Radios
* Blue tarp for back of truck
* 5x blue jugs
* 2 pairs of binoculars
* Patch material for thermarests
* Sewing kit
* Leatherman
* Electrolyte drink mix (Gatorade)
* Reference books
* Extra Garbage Bags

**Specific to biking**

* 3-4 extra bikes
* Bike repair Kit
* 1 roll of Duct Tape
* Bicycle Tubs + spare tires
* Tire pump
* Assorted Zip Ties
* Seam Sealer
* Multi tool knife

**Kitchen Inventory:**

* **Students are making their dinner on their Trangia stoves in teams of 2**
* **In the morning we will be boiling water for the whole group for breakfast and for thermoses**

##### Water heating kit

* 3 Nested pots
* 3 wash basins
* Ladles

##### Dish washing supplies

* Extra pot scrubbers and cloths
* 1 bottle Bleach
* 1 container of Bio-degradable soap
* 8 x drying towels
* Rubber gloves

##### Fire Kit

* Matches in waterproof container
* Fire starters
* Axe
* 4 Folding Saws and or swede saws
* Fire gloves
* 2 Fire boxes

##### Other Stuff

* Metal trowel
* Ziploc bags
* Paper bags
* Garbage bags
* 2 folding tables